

CURRICULUM VITAE
E. B. Gross, MS, LMSW-C
2025

EBGROSS@UMICH.EDU

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EDUCATION

- | | | |
|-----------------------|--------------------|---|
| 2026
(anticipated) | Doctoral Candidate | UNIVERSITY OF MICHIGAN SCHOOL OF SOCIAL WORK
Ann Arbor, Michigan
<i>Joint PhD program in Social Work and Developmental Psychology</i>
<i>Advisors: Shanna Kattari, PhD & Susan Gelman, PhD</i> |
| 2025 | M. S. | UNIVERSITY OF MICHIGAN
Ann Arbor, Michigan
<i>Developmental Psychology</i> |
| 2015 | M.S.W. | SIMMONS COLLEGE SCHOOL OF SOCIAL WORK
Boston, Massachusetts
<i>Clinical Social Work, focus on Mental Health Treatment</i>
<i>Licensed Clinical Social Worker in the State of Michigan</i> |
| 2008 | B.A. | WESLEYAN UNIVERSITY
Middletown, Connecticut
<i>English & Medieval Studies double major; honors in English</i> |

RESEARCH INTERESTS

Gender identity development & gender concepts; family communication about and understanding of gender identity; family support processes; interventions for families of transgender and gender expansive people; adolescent and young adult mental health; aging and LGBTQ+ older adults; social work values and ethics

TEACHING INTERESTS

Social work with LGBTQIA+ populations; social work in health contexts; human behavior in the social environment; assessment and diagnosis; social work practice with individuals and families; social work practice with groups; critical social work ethics; social work research and methods; qualitative methods

FELLOWSHIPS AND AWARDS

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|------|---|
| 2025 | Outstanding Student Paper Award
LGBTQ Research Symposium, hosted by the University of Kansas School of Social Welfare and the University of Connecticut School of Social Work; \$250
<i>“Transgender and Gender Diverse Older Adults and Health: A Scoping Review”</i> |
| 2023 | W.K. Kellogg Family Endowed Fellowship |

School of Social Work, University of Michigan; \$20,000

- 2023 **Lorraine Nadelman Graduate Student Research Prize**
Department of Developmental Psychology, University of Michigan; \$500
“Children’s gender essentialism and prejudice: Testing causal links via experimental manipulation”
- 2015 **Faculty Leadership Award**
Simmons College Graduate School of Social Work
Given at faculty discretion for exemplary school or community leadership
- 2014 – 2015 **Dean’s Fellowship under Professor Joanna Almeida Sc.D., M.S.W., M.P.H.**
Simmons College Graduate School of Social Work
- 2012 – 2015 **Merit Scholarship**
Simmons College Graduate School of Social Work; \$21,000

PUBLICATIONS

JOURNAL ARTICLES:

9. **Gross, E. B., & Gelman, S. A.** (2025). Research with the reluctant: Challenges and strategies. *Advances in Methods and Practices in Psychological Science*, 8(1). <https://doi.org/10.1177/25152459241304775>
8. **Gross, E. B.** (2025). Social work values and the NASW Code of Ethics: Problems of function and possibilities for change. *Journal of Progressive Human Services*, 1–23.
<https://doi.org/10.1080/10428232.2025.2455883>
7. **Gross, E. B., Fine, R. D., Gülgöz, S., Olson, K. R., & Gelman, S. A.** (2024). Children’s gender essentialism and prejudice: Testing causal links via an experimental manipulation. *Developmental Science*, 27(5), e13532. <https://doi.org/10.1111/desc.13532>
6. **Gross, E. B., Kattari, S. K., Steel, M., Wilcox, R., Ernst, S., & Parrish, D.** (2024). ‘I have had several providers who recognize my humanity’: Exploring the overall health and positive healthcare interactions of transgender and gender diverse college students. *Journal of LGBT Youth*, 21(2), 323–347. <https://doi.org/10.1080/19361653.2023.2300068>
5. **Gross, E. B.** (2023). How to get to where they are: Notes from an open group with unhoused LGBTQIA2S+ youth. *Health Promotion Practice*. <https://doi.org/10.1177/15248399221150784>
4. **Gross, E. B., Kattari, S.K., Wilcox, R., Ernst, S., Steel, M., & Parrish, D.** (2022). Intricate realities: Mental health among trans, nonbinary and gender diverse college students. *Youth*.
<https://doi.org/10.3390/youth2040052>
3. **Kattari, S. K., Gross, E. B., Harner, V., Andrus, E., Stroumsa, D., Moravak, M. B., & Brouwer, A.** (2022). “Doing it on my own terms”: Transgender and nonbinary adults’ experiences with HPV self-swabbing home testing kits. *Women’s Reproductive Health*.
<https://doi.org/10.1080/23293691.2022.2094737>

2. Guz, S., Hecht, H., **Gross, E. B.**, Kattari, S. K., & Ross, E. (2022). A scoping review of empirical asexuality research in social science literature. *Archives of Sexual Behavior*.
<https://doi.org/10.1007/s10508-022-02307-6>
1. Almeida, J., O'Brien, K., **Gross, E. B.**, & Gironda, C. (2017). Development, implementation, and evaluation of a comprehensive course on suicide in a Master of Social Work program. *Journal of Social Work Education*. <http://dx.doi.org/10.1080/10437797.2017.1302856>

BOOK CHAPTERS:

2. **Gross, E. B.**, Kattari, S. K., Wilcox, R. Ernst, S., Steel, M., & Parrish, D. (2025). "I've had several providers who recognize my humanity": Exploring health/positive healthcare interactions of TGD students. In Woodford, M. R., Duran, A., Vo, T., Johnson, C. W., Airtton, L., & Coulombe, S. (Eds.) *Thriving on campus: Promoting the inclusion, academic development, and wellbeing of diverse 2SLGBTQ+ university and college students*. Routledge.
1. Kattari, S. K., **Gross, E. B.**, Sherwood, K. & Hostetter, C. R. (2023). Infinity and rainbows: Supporting the sexuality of neurodivergent people. In S. K. Kattari (Ed), *Exploring sexuality and disability: A guide for academics and health and human service professionals*. (pp. 65-80). Routledge.

UNDER REVIEW & IN PREPARATION

- Gross, E. B.**, Kayser, J. R., Call, J., Kattari, S. K., Gillani, B., Kahn, M., & Saylor, K. M. Transgender and gender diverse older adults and health: A scoping review. [Under review].
- Brown, B.R., **Gross, E. B.**, Kattari, S. K., Wilcox, R., Ernst, & S., Steel, M. Unrealized needs: Mental health and healthcare utilization among transgender/gender diverse university students in the Midwest. [Under review].
- Gross, E.B.** Supporting caregivers and families of transgender and nonbinary youth. In J. Call, B. T. Holloway, L. Kattari and S. K. Kattari (Eds). *Social Work and Health Care Practice with Transgender and Nonbinary Individuals and Communities* (2nd ed.). Routledge. [Under contract].
- Bruno, C., **Gross, E.B .**, Kattari, S.K ., Wilcox, R., Ernst, & S., Steel, M. Sex, drugs and STI screens: Sexual health among transgender and gender diverse students at a Midwestern university. [In preparation].
- Kattari, S., Seelman, K. L., **Gross, E. B.**, Lusson, T., O'Brien, R., Hecht-Zizes, A., Hostetter, R., Hafen, Q., Tarraf, H. & Mantha, B. "We're lucky" in a "constant state of fear": Complex experiences of parents of transgender children in hostile policy states. [In preparation].

CONFERENCE PRESENTATIONS

- Gross, E. B.** (Facilitator). Beltran, R., Kattari, S., Paceley, M., Weaver, A., & Whitfield, D. (Speakers). *Reaching out in research: Challenges and strategies for working with vulnerable and reluctant participants*. Roundtable discussion at the Society for Social Work and Research 30th Annual Conference, Washington, D.C., January 14-18, 2026.

Mantha, B. & Gross, E. B. *Impact of gender-affirming care bans on caregivers of trans/gender diverse youth*. Poster presentation at the Society for Social Work and Research 30th Annual Conference, Washington, D.C., January 14-18, 2026.

Mantha, B. & Gross, E. B. *The needs and themes of trans and gender-diverse (TGD) Caregivers*. Poster presentation at the Council on Social Work Education Annual Program Meeting, Denver, Colorado, October 25, 2025.

Gross, E. B., Kayser, J. R. & Kattari, S. *Hopes, fears and health experiences among trans and gender diverse older adults: Themes from a scoping review*. Paper presentation 2025 LGBTQ Research Symposium; virtual conference hosted by the University of Kansas School of Social Welfare and the University of Connecticut School of Social Work, September 25, 2025.

Gross, E. B., Kayser, J. R., Call, J. B., Kattari, S., Gillani, B., Prieto, L., Saylor, K., Kahn, M., & Holloway, B. *Aging in the margins: A scoping review of health research on trans and gender diverse older adults in the U.S.* Poster presentation at the Society for Social Work and Research 28th Annual Conference, Washington, D.C., January 10-14, 2024.

Gross, E. B., & Kattari, S. K. *“Pronouns aren’t just performative”: Learning about affirmation from trans and gender diverse students*. Paper presented at the Council on Social Work Education Annual Program Meeting, Atlanta, Georgia, October 27, 2023.

Gross, E. B., Kattari, S. K., Wilcox, R., Ernst, S., Steel, M., & Parrish, D. *“I have had several providers who recognize my humanity”: Exploring the overall health and positive healthcare experiences of transgender and gender diverse college students*. Poster presentation at the 2023 LGBTQ+ Research Symposium, University of Michigan, Ann Arbor, October 1, 2023.

Panelist, Social Work Panel on Gender Affirming care. 2023 LGBTQ+ Research Symposium, University of Michigan, Ann Arbor, October 1, 2023.

Kattari, S. K., & Gross, E. B. *“I have had several providers who recognize my humanity”: Lessons from a Campus Wide Trans Health Survey*. Paper presented at the 2023 LGBTQ Research Symposium; virtual conference hosted by the University of Kansas School of Social Welfare, June 1-2, 2023.

McNeil, K. M., & Gross, E. B. *Gender and age influence children’s degree of gender essentialism*. Poster presentation at the Eastern Psychological Association Annual Meeting, Boston, Massachusetts, March 2-4, 2023.

Gross, E. B. *Examining social work values and the NASW Code of Ethics*. Paper accepted for presentation at the Council on Social Work Education Annual Program Meeting, Anaheim, California, November 10-13, 2022.

Kattari, S. K., & Gross, E. B. *Mental health of transgender/gender diverse university students in the Midwest*. Paper accepted for presentation at the Council on Social Work Education Annual Program Meeting, Anaheim, California, November 10-13, 2022.

O’Brien, K., Almeida, J., Gross, E. B., & Gironde, C. *The development, implementation, and evaluation of a comprehensive course on suicide within a social work curriculum*. Poster presentation at the 2015

International Summit on Suicide Research, New York, NY, October 13, 2015.

O'Brien, K., Almeida, J., **Gross, E.B.** & Gironde, C. *Development, implementation, and evaluation of a suicide course in an MSW program*. Invited presentation at the 2015 Massachusetts Department of Public Health, Suicide Prevention Conference: New Momentum: Suicide Prevention Across the Lifespan, April 29, 2015.

INVITED PRESENTATIONS

"Pronouns aren't just performative": Exploring the overall health and positive healthcare interactions of transgender and gender diverse college students. Thriving on Campus 2024 Pride Webinar Series, Laurier University. Virtual, June 4, 2024.

Working with LGBTQ+ populations: Tips for doing your best. Invited presentation, Colorado Clinician Support Program/Patient Navigation and Community Health Worker Training Program. Virtual, May 7, 2024.

Working with LGBTQ+ populations: Tips for doing your best. Louisiana Breast and Cervical Health Program/Patient Navigation and Community Health Worker Training Program. Virtual, April 24, 2024.

Outreach to LGBTQ+ communities: Terms and ideas for doing your best. Invited presentation, Cancer Prevention and Early Detection Program (CPED), Colorado Department of Public Health and Education (CPDHE). Virtual, June 6, 2023.

LGBTQ+ development: Parenting concerns. Guest speaker, PFLAG Ann Arbor. Ann Arbor, MI, January 20, 2022.

Working with LGBTQ clients: Terminology and best practice. Invited Presentation, Fordham University Graduate School of Social Service Professional Development Workshop Series, New York, NY. November 7, 2019.

TEACHING

SCHOOL OF SOCIAL WORK, UNIVERSITY OF MICHIGAN ANN ARBOR

SW600 (Section 006):

Behavioral, Psychosocial and Ecological Aspects of Health, Mental Health and Disease
(*Instructor of Record, Winter Semester, 2024*)

SW600 (Section 005):

Behavioral, Psychosocial and Ecological Aspects of Health, Mental Health and Disease
(*Instructor of Record, Winter Semester, 2025*)

DEPARTMENT OF PSYCHOLOGY, UNIVERSITY OF MICHIGAN ANN ARBOR

Psych 352: Development of Language and Thought

(*Graduate Student Instructor for Dr. Nicole Gardner-Neblett, Fall Semester, 2025*)

ACADEMIC GUEST LECTURES

Children and gender. Guest lecture, University of Michigan Psychology Department, Psychology 211: Project Outreach. Ann Arbor, MI, October 7, 2025.

Children and gender. Guest lecture, University of Michigan Psychology Department, Psychology 211: Project Outreach. Ann Arbor, MI, February 25, 2025.

Children and gender. Guest lecture, University of Michigan Psychology Department, Psychology 211: Project Outreach. Ann Arbor, MI, April 8, 2024.

Gender and sexuality in childhood and adolescence: How do we EVER figure this stuff out?. Guest lecture, University of Michigan School of Social Work, SW614: Social Work Practice with Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual and Two-Spirit (LGBTQIAS+) Individuals and Communities. Professor Shanna Kattari. Ann Arbor, MI, March 5, 2024

Transgender & gender diverse health (plus a few useful terms along the way). Guest lecture, University of Michigan School of Social Work, SW600 (Section 005): Behavioral, Psychosocial and Ecological Aspects of Health, Mental Health and Disease. Instructor Jay Kayser, Ann Arbor, MI, March 5, 2024

Gender and sexuality in childhood and adolescence: How do we EVER figure this stuff out?. Guest lecture, University of Michigan School of Social Work, SW614: Social Work Practice with Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual and Two-Spirit (LGBTQIAS+) Individuals and Communities. Professor Shanna Kattari. Ann Arbor, MI, October 24, 2023

Supporting TGD young people and their families. Guest lecture, University of Michigan School of Social Work, SW614: Social Work Practice with Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual and Two-Spirit (LGBTQIAS+) Individuals and Communities. Professor Shanna Kattari. Ann Arbor, MI, April 15, 2023

Gender and sexuality in childhood and adolescence: How do we EVER figure this stuff out?. Guest lecture, University of Kansas School of Social Welfare, Sexuality and Gender Diversity. Professor Meg Paceley. Lawrence, KS, October 13, 2022

LGBTQIA+ identities & development: Terms, issues and ideas for doing your best. Guest lecture, University of Michigan School of Social Work, Contexts of Life-Course Development: Childhood, Adolescence and Early Adulthood. Lecturer Jax Kynn. Ann Arbor, MI, November 10, 2021

Experience with LGBTQ+ clients. Guest lecture, University of Michigan School of Social Work, SW614: Social Work Practice with Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual and Two-Spirit (LGBTQIAS+) Individuals and Communities. Professor Shanna Kattari. Ann Arbor, MI, October 14, 2021

Experience with transgender clients. Guest lecture, Simmons College School of Social Work, Understanding Suicide. Professors Kimberly O'Brien and Joanna Almeida. Boston, MA, February 17, 2015

ACADEMIC SERVICE

COMMITTEE MEMBERSHIPS & RELATED POSITIONS

**DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF MICHIGAN**

*Departmental Associate,
Joint Program in Social Work & Social Science, 2025-2026*

Developmental Area Brown Bag Committee, 2023-2024

AD HOC REVIEWER

Peer Reviewed Journals

Qualitative Social Work

Qualitative Research

Journal of Gerontological Social Work

International Journal of Transgender Health

Journal of Marriage and Family

Journal of Adolescence

*Advances in Methods and Practice in
Psychological Science*

ACADEMIC MENTORSHIP

Undergraduate Senior Thesis Mentor

Sara Morehouse

(May 2024, High Honors Psychology).

*Change or Stay the Same? Unpacking Age-Related
Variations in Gender Essentialist Beliefs and
Prejudicial Attitudes*

Kathryn Chang

(May 2022, Honors Psychology).

*The Effect of Reducing Gender Essentialism on
Prejudice Against Gender Nonconforming Children*

MSPICED Summer Internship Program

Kalina McNeil, Summer 2022

Psychology 326 – Applied Research

Sydney Boland, Fall 2022

University of Michigan Research Assistants

Athena Bryer, Fall 2021 – Winter 2024

Kathryn Chang, Fall 2021 – Summer 2023

Sydney Boland, Winter 2022 – Winter 2024

Esther Kim,

Winter 2022 – Spring/Summer 2022

Winter 2023 – Winter 2024

Jade Crosby, Winter 2023 – Winter 2024

Sara Morehouse, Winter 2023 – Winter 2024

PRACTICE & PROFESSIONAL EXPERIENCE

- 2018 – 2020 **BROOKLYN CENTER FOR FAMILIES IN CRISIS**, New York City, New York
STAFF THERAPIST
Provided ongoing collaborative, strengths-based individual, family and couples' counseling to clients from a variety of backgrounds managing life changes and transitions, depression and anxiety disorders, serious mental illness, recovery from trauma, and substance use.
- 2018 – 2019 **METRO COMMUNITY CHURCH OF NEW YORK CHARITIES**, New York City, New York
TRAUMA-INFORMED CARE SPECIALIST
One year grant-funded position. Created and delivered staff trainings on trauma informed care, provided milieu social work services to clients of Sylvia's Place LGBTQIA youth emergency shelter, created and delivered client therapy group intervention and tracked grant deliverables.
- 2017 – 2018 **HOUSING WORKS**, New York City, New York
LICENSED MASTER SOCIAL WORKER
Contract positions. Provided clinical case management, individual and group counseling services to adults living with HIV/AIDS and co-morbid substance use or mental health disorders in the Adult Day Health Care program; designed and implemented evidence-based therapy groups; interim manager for Housing Works' Transgender Empowerment Project.
- 2015 – 2017 **COMMUNITY CARE ALLIANCE**, Woonsocket, Rhode Island
HEALTHY TRANSITIONS CLINICIAN
Senior clinician on project funded through SAMSHA's Healthy Transitions initiative; collaborated with multi-disciplinary care team and clients managing trauma and serious mental health conditions in a shared decision-making model; provided intensive community-based counseling to individuals, families, and couples
- 2014 – 2015 **RHODE ISLAND HOSPITAL**, Providence, Rhode Island
MSW INTERN
Trained in pediatric inpatient social work at Hasbro Children's Hospital; provided services for transgender & gender non-conforming patients as first-ever mental health professional in the Medicine Pediatric and Adolescent Medicine outpatient clinics
- 2014 – 2015 **SIMMONS COLLEGE SCHOOL OF SOCIAL WORK**, Boston, Massachusetts
DEAN'S FELLOW FOR JOANNA ALMEIDA, SciD, MPH, MSW
Participated in development and delivery of Simmons' pilot course on suicide risk assessment and prevention, including course structure, syllabus and weekly readings; provided instruction regarding suicidality among transgender and gender non-conforming populations
- 2014 **SIMMONS COLLEGE SCHOOL OF SOCIAL WORK**, Boston, Massachusetts
STUDENT CLINICIAN, ASSESSMENT AND DIAGNOSIS, SOCIALWORK@SIMMONS
Clinical role plays and panel discussions as a student clinician in video course material for Dr. Kimberly O'Brien's pilot SocialWork@Simmons online Assessment and Diagnosis course
- 2013 – 2014 **CHARLES E. SHEA HIGH SCHOOL**, Pawtucket, Rhode Island
MSW INTERN
Provided in-school individual and group counseling; provided assistance and facilitation to school's first student LGBTQ group

PROFESSIONAL LICENSES & SELECTED TRAININGS

Licensed Master Social Worker - Clinical, State of Michigan

License # 6801119975

Ackerman Institute for the Family Core Curriculum

Live Clinical Supervision

Foundations of Family Therapy

September 2019 – May 2020

September 2018 – May 2019

Columbia Center for Complicated Grief Treatment Series

Level 1: Helping People Live with Loss

Level 2: Treat Complicated Grief

January 20, 2018

February 16-17, 2018

DBT Skills and Strategies

January 26-28, 2017

Advanced Motivational Interviewing

December 6, 2016

Motivational Interviewing and Stages of Change

September 8, 2016

ADDITIONAL SERVICE & ADVOCACY

2015

LIFESPAN HEALTH SYSTEM, Providence, Rhode Island

PROPOSAL TO IMPROVE SERVICES FOR GENDER MINORITY PATIENTS

Built on available evidence and pioneering work in outpatient clinics to develop funding proposal to understand and provide for the mental health needs of transgender and gender non-conforming patients on site, improving care and reducing costs to system of emergency room visits and unnecessary inpatient hospitalizations; post-MSW fellowship funded for 2016 academic year

2012 – 2014

GENDER SPECTRUM, San Leandro, California

ADMINISTRATOR & CONSULTANT, GENDER SPECTRUM LOUNGE

Created an online community to support the families of gender non-conforming children and GNC youth and built connections among support professionals

2009 – 2010

READY TO LEARN PROVIDENCE, Providence, Rhode Island

EARLY LITERACY EDUCATOR WITH AMERICORPS PROGRAM

Completed 1700 hours of community service and over 300 hours of training in child development and literacy skills; led story-hours and literacy activities for Pre-K children